

PROGRAM Friday 13th March 2026

08.00-08.30 Registration

08.30-08.40 Welcome by Congress President Kirsi Kuismanen (FI)

Chair: Kristin Jonsdottir (IS)

08.40-09.30 **Bladder fibrosis: causes and consequences (40 min)**
Marcus Drake (UK)

Discussion (10 min)

09.30-09.50 **Coffee break in exhibition area**

Chair: Rune Svenningsen (NO)

09.50-11.10 **Consequences of oncological treatments on pelvic floor dysfunction**
Anterior enteroceles after radical surgery for cancer (35 min)
Ingrid Volløyhaug (NO)

Radical cystectomy for bladder cancer (35 min)
Eirik Kjølbi (NO) (online)

Discussion (10 min)

11.10-11.30 **Coffee break in exhibition area**

Chairs: Mette Hornum Bing (DK) + Riffat Cheema (SE)

Dissertations (a' 10 min + 5 min discussion)

11.30-12.00 **Tension-free vaginal tape and polyacrylamide hydrogel in treatment of female stress urinary incontinence – a randomized clinical trial**
Anna-Maija Itkonen Freitas (FI)

Mid-urethral sling surgery: cure rates, complications and sexual function 10 and 20 years post surgery
Berit Rein Solhaug (NO)

Chairs: Mette Hornum Bing (DK) + Riffat Cheema (SE)

Abstracts (a' 5 min + 3 min discussion)

12.00-12.30 **ID 34 Mid-urethral sling surgery with polypropylene and long-term malignancy development**
Guro Kristine Bårnes (NO)

ID 36 Predictors for treatment failure after polyacrylamide hydrogel (Bulkamid™) injections
Martin Sommer (NO)

ID 39 A Nordic Perspective on Female Stress Urinary Incontinence Care: Lessons for Shared Clinical Practice
Eeva Linna (FI/NO)

12.30-13.45 **Standing lunch in exhibition area**
Lunch meeting for the Nordic Urogynecology Registries (special invite only)

12.45-13.30 **Lunch symposium by Gold Sponsor Plus Pierre Fabre (45 min)**

Advancing OAB Care: From Symptoms to Solutions

Speakers: Prof. Ian Milsom from Gothenburg University and Dr. Henna Rossi from Oulu University

Moderator Dr. Espen Kvan

Chairs: Rune Svenningsen (NO) and Kristin Jonsdottir (IS)

Dissertation (a´ 10 + 5 min)

13.45-14.00 **Intravesical onabotulinumtoxin A treatment in women with overactive bladder - Optimization of anesthesia and assessment of adverse effects**
Meryam El Issaoui (DK)

Chairs: Rune Svenningsen (NO) and Kristin Jonsdottir (IS)

Abstracts (a´ 5 + 3 min)

14.00-15.00 **ID 21 Initial experience of Laparoscopic Pectopexy and Colporrhaphies in Finland**
Anneli Linnamägi (FI)

ID 25 Preliminary results of a multicenter randomized clinical trial for laparoscopic repair of pelvic organ prolapse: Sacropexy vs laparoscopic lateral suspension
Isabel Níguez Sevilla (ESP)

ID 24 Hysteropexy using laparoscopic lateral suspension for the treatment of pelvic organ prolapse, according to DELPHI consensus of experts
Isabel Níguez Sevilla (ESP)

ID 32 Association between severity of obstetric perineal tears and risk of levator ani avulsion – a systematic review
Line Norring Holst (DK)

ID 23 Age-related long-term effects of vaginal delivery, pregnancy, and sphincter injury on anal continence: a matched cohort study
Ida Nilsson (SE)

ID 31 Does the delivery method influence sexual activity decades later? A 30 year follow-up
Martina Belluardo (NO)

ID 22 Association of body composition with the symptoms of pelvic floor disorders in middle-aged women: A longitudinal study
Mari Kuutti (FI)

15.00-15.20 **Coffee break in exhibition area**

Chairs: Mette Hornum Bing (DK) and Riffat Cheema (SE)

The role of delivery method to the pelvic floor

15.20-16.20 **Assisted vaginal delivery - risk on levator avulsions, risk on sphincters, risk on prolapse, risk of incontinence, scientific evidence (30 min)**
Ingrid Volløyhaug (NO)

Persistent anal incontinence after OASIS (30 min)
Ursula Aho Fält (SE)

Chair: Kirsi Kuismanen (FI)

16.20-16.40 **Pelvic pain (20 min)**
Jenny Backlin (SE)

16.40-16.50 **History of NUGA (10 min)**
Antti Valpas (FI)

19.00 **Dinner at the venue. Dress code: Casual**
Sign up through the registration site

08.00-08.30 Registration

08.00-08.30 **Morning symposium by Gold sponsor GE Healthcare (30 min)**

AI powered pelvic floor assessment – boosting efficiency and elevating patient understanding

Chair: Kristin Jonsdottir (IS)

08.30-09.30 **How your microbiota may impact OAB symptoms and recurrent UTIs (30 min)**

Caroline Sollberger Juhl (DK)

Tips and tricks for sling operations - How to keep your success rate high and complications low? (30 min)

Knut Hordnes (NO)

09.30-09.50 **Coffee break in exhibition area**

Chairs: Mette Hornum Bing (DK) and Riffat Cheema (SE)

Dissertations (a´ 10+5min)

09.50-10.50 **Pelvic floor trauma after childbirth – Risk factors, surgical treatment and prevention**

Jennie Larsudd-Kåverud (SE)

Second-degree perineal tears – Classification, risk factors, and consequences

Marthe Dalevoll Macedo (NO)

Chairs: Mette Hornum Bing (DK) and Riffat Cheema (SE)

Abstracts (a´ 5+3min)

ID 33 Women’s experiences of perineal wound dehiscence of a second-degree perineal tear and choice of treatment in Denmark: A qualitative interview study

Lærke Vinberg Moestrup (DK)

ID 29 Risk factors associated with perineal wound dehiscence following vaginal delivery

Denise Golmann (SE)

ID 26 Levator ani injury after second-degree perineal tears and episiotomy: associations with symptoms and objective findings 9–12 months postpartum

Kathrine Perslev (DK)

5 min break

Chairs: Rune Svenningsen (NO) and Kristin Jonsdottir (IS)

10.50-12.30 **Conservative treatment of pelvic organ prolapse Pessaries (15 min)**

Berit Sejer Larsen (DK)

POP and pelvic floor exercise (20 min)

Ulla Due (DK)

Discussion (10 min)

Treatment options for recurrent anterior prolapse (30 min)

Kirsi Kuismanen (FI)

Chairs: Rune Svenningsen (NO) and Kristin Jonsdottir (IS)

Abstracts (a´ 5+3min)

10.50-12.30 **ID 35 Anterior/apical transvaginal mesh repair for recurrent or advanced pelvic organ prolapse: Perioperative safety and short-term subjective outcome**
Pia Heinonen (FI)

ID 38 Pelvic floor dysfunction after a second-degree perineal tear and the impact of residual perineal body thickness - a historical cohort
Niklas Rexelius (SE)

Digital Health Education Gynecological Well-Being: The Dr. Happy Vagina Initiative by Urogynecologist
Ida Bergman (SE)

12.30-13.45 **Standing lunch in exhibition area. Lunch symposium**

12.45-13.30 **Lunch symposium by Gold Sponsor Plus Astellas (45 min)**
Navigating Overactive Bladder Complexity: Insights and Patient Case Highlights
Speaker: Niels Klarskov, Clinical professor, MD, Herlev and Gentofte Hospital, Denmark

Chairs: Kristin Jonsdottir (IS) and Riffat Cheema (SE)

Dissertations (a´ 10+5min)

13.45-14.50 **Clinical evaluation after incontinence surgery and dehisced perineal tears: effects on women's pelvic floor health**
Ida Bergman (SE)

Pelvic floor symptoms in women undergoing pelvic organ prolapse surgery
Päivi Karjalainen (FI)

Chairs: Kristin Jonsdottir (IS) and Riffat Cheema (SE)

Abstracts (a´ 5+3 min)

ID 28 Long-Term Sexual Function After Vaginal Vault Prolapse Surgery: Influence of Surgical Method
Dorte Teilmann-Jørgensen (DK)

ID 37 Is Vaginal Estrogen Treatment Associated with Risk of Thrombosis in Postmenopausal Women? - A Scoping Review
Sofie Lindman Juul (DK)

ID 27 The REPAIR Study: Effect of Prophylactic Antibiotics on Wound Complications and Their Association with One-Year Symptoms
Kathrine Perslev (DK)

ID 30 In vitro and in vivo regenerative potential of ascorbic acid 2-phosphate -releasing poly-L-lactide-co-epsilon-caprolactone: focusing on pelvic organ prolapse applications
Reetta Sartoneva (FI)

Chair: Kirsi Kuismanen (FI)

14.50-15.50 **"Manchester City or Manchester United?" The Manchester Procedure, two or three compartments? Video on anterior and mid compartment (25 min)**
Niels Klarskov (DK)

Rationale on adding the (kolpo)perineorrhaphy, video (25 min)
Sissel Oversand (NO)

Discussion (10 min)

15.50-16.10 **Coffee break in exhibition area**

Chair: Kirsi Kuismanen (FI)

16.10-16.40 **Urological consequences of urogynecological operations (30 min)**

Joergen Bjerregaard (DK) (online)

Discussion (10 min)

16.40-17.00 **Closing and NUGA Awards**

